



Psychologist Bonus 2025: How It Works, Who Can Apply, and What's New

Descrizione

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Applications for the so-called “psychologist bonus” can be submitted until November 14, 2025. This incentive, managed by INPS (the Italian National Social Security Institute), aims to support individuals who wish to begin psychotherapy but face financial difficulties.

Applications must be submitted exclusively online, either through the INPS portal (“Contribution for Psychotherapy Sessions – 2025 Applications”) or via the Multichannel Contact Center.

The measure was introduced in response to the growing psychological distress that emerged after the COVID-19 pandemic and the ongoing social and economic challenges. Established in 2022 under Decree-Law No. 228/2021 (Article 1-quater, paragraph 3), the bonus became a permanent measure in 2023 through Law 197/2022.

Eligible applicants are Italian residents with a valid ISEE (Equivalent Economic Situation Indicator) not exceeding €50,000. The benefit can be requested only once per year.

The amount granted varies according to income level:

ISEE up to €15,000 ? maximum contribution of €1,500;

ISEE between €15,000 and €30,000 ? maximum contribution of €1,000;

ISEE between €30,000 and €50,000 ? maximum contribution of €500.

Once the application period closes, INPS will draw up regional and provincial rankings, ordered by ISEE value (from lowest to highest). In the event of a tie, priority is given to the earliest application submitted.

Beneficiaries will receive an INPS notification specifying the amount granted and a unique personal code. The accredited psychotherapist will use this code when issuing the invoice, and INPS will pay the

professional directly — not the applicant.

The bonus must be used within 270 days from the publication of the ranking; after that period, the assigned code and related amount will be automatically cancelled.

Data

09/10/2026

Data di creazione

11/11/2025